



## Bridging the Gap for Iowans with Mental Health Issues

### Call-in information:

1-866-685-1580

### Conference code:

8957365810

If questions, call Peter

515-281-4778

### Iowa Mental Health Planning Council Agenda

Wednesday, July 19, 2017

Polk County River Place, 2309 Euclid, Des Moines

9-10 AM – Committee meetings

**Council meeting 10:00 AM to 3 PM**

[http://dhs.iowa.gov/about/mhds-advisory-groups/MH\\_Planning\\_Council](http://dhs.iowa.gov/about/mhds-advisory-groups/MH_Planning_Council)

Please sign the attendance sheet and pick up hand-outs including a reimbursement form  
Council members will each have a name plate.

**9:00 AM** Committee & workgroup meetings – Children's, Monitoring & Oversight, Legislative

### Morning Agenda

#### 10:00 AM Welcome

Confirmation of Quorum (2/3 of 33 members =23) - those in person and those on the phone

*May minutes approval*

**Monitoring and Oversight Committee**

**Nominations Committee** – nominations from the floor to fill vacancy

**Children's workgroup**

**The coming Legislative year—health care ad sign-on, Oct special session for more cuts—SAMHSA ?'s**

**Phone conference with Wisconsin Peer respite advocates - 15 minutes**

**11 AM - Jail report and recommendations**

*Council action*

*Jim Rixner*

*Brad Richardson*

*Tammy Nyden*

*Teresa Bomhoff*

*Todd Noack*

*Whitney Driscoll, Disability Rights Iowa*

#### Noon - Lunch

### Afternoon Agenda

**1 PM - MHDS report** - cuts to programs and reimbursements, still no codes for crisis services, lack of 24 hour care, inadequate workforce, Regions outcomes report, movement of Iowa to follow Kansas in race to the bottom *Rick Shults*

**1:45(e) IDPH – discussion around cuts to their programs**

*Kathy Stone and Brenda Dobson to attend*

**Public Comment**

**3 PM Adjournment**

#### The 2016-17 Block Grant priorities are:

- 1 Children's Mental Health Services and Supports
  - Pull legislative workgroup report together by 12-15-15
- 2 Peer Support Services
  - SFY 16 – train minimum of 60 peer specialists for IHH and 50 for provider agencies
  - SFY 17 – train minimum of 25 peer specialists for IHH and 50 for provider agencies
  - Family peer specialists – as of end of 2015 – 2 trainings held, 2 more trainings scheduled
- 3 Development of crisis services – increase regional services
 

As of 7/1/15, 3 of 15 regions have mobile crisis services

  - SFY 16 – 2 more regions have mobile crisis services
  - SFY 17 – 1 more region has mobile crisis services

**Proposed 2017-18 Block Grant priorities are:**

- Building the Mental Health workforce
  - Measure growth/drop in prescribers, other practitioners
  - Development of incentives
  - Development of ACT teams
- Children's services – continuation of legislative children's workgroup
  - Monitoring success of 2016 planning grants for crisis services and learning labs
  - Two RFP's for well-being grants
  - Implementation dollars for crisis services for children and youth
- Peer Support – RFP results from contract with U. of Iowa, CDD
  - Goals # trained
  - Goals # employed – see page 3 for employment ideas
  - Goals – training given to employers
- Law enforcement and first responder training – around the state
- Subacute care development

The National Association of Mental Health Planning and Advisory Councils website is: [www.namhpac.org/](http://www.namhpac.org/)

**2017 Iowa Mental Health Planning Council Meetings**

| <b>Iowa Mental Health Planning Council Calendar of Events</b> |  |   |
|---|--|---|
| Wed., January 18  | IMHPC meeting  | Polk Co. River Place, 2309 Euclid Avenue, DM Room 1 |
| Wed., March 15  | IMHPC meeting  | Polk Co. River Place, 2309 Euclid Avenue, DM Room 1 |
| Wed., May 18  | <b>AM</b> – IMHPC meeting<br><b>PM</b> – Co-meeting with MHDS Commission |   |
| Wed., July 19   | IMHPC meeting – preparations for Upcoming SAMHSA visit                   | Polk Co. River Place, 2309 Euclid Avenue, DM Room 1 |
| Wed., September 20  | IMHPC meeting  | Polk Co. River Place, 2309 Euclid Avenue, DM Room 1 |
| Sept. 1<br>Sept. 12-13-14                                     | FY 18-19 Mental Health Block Grant due<br>SAMHSA joint visit for 3 days  |   |
| Thursday, October 19  | <b>PM</b> - Co-meeting with MHDS Commission                              | Polk Co. River Place, 2309 Euclid Avenue, DM Room 1 |
| Wed., November 15   | IMHPC annual meeting<br>Election of officers                             | Polk Co. River Place, 2309 Euclid Avenue, DM Room 1 |
| <b>Dec. 1</b>   | <b>Implementation Report due</b>   |   |

**Section 2. Quorum**

- A. No less than two-thirds of the Council members eligible to vote will constitute a quorum. The number of members eligible to vote if all Council positions are filled is thirty-three (33).
- B. If, during the course of a meeting the number of members present is reduced below a quorum, the meeting may continue but no vote may be taken.
- C. A majority of the quorum is needed to accept any matter put to a vote.

**Example of email vote:**

- we had 32 members as of the meeting on Wednesday, Nov. 16
- 2/3 of 32 members is 22 members – our quorum
- A majority of 22 members is 12 yes's.
- If we have 12 people supporting the proposal – it is approved.

See next page for employment ideas for peer specialists

Employment ideas for Peer specialists

Respite house (crisis stabilization)

ACT program

Mobile crisis teams

Warm line

Wellness centers

    Diversionary activities

    Group learning

Integrated health homes

Peer bridgers

    From hospital inpatient units to hand off when discharged (Jason Orent has a business for this level of care)

WRAP

Prisons – train inmates to be peer specialists – NAMI P2P, Connections – forensic peer specialists in DOC

Employer training/supervision of peers

Employment after training

    Need clear job descriptions

    Pay level too low

Help peers to figure out what their niche is

Needed for curriculums for peer specialists to match (MH and SA)

3 hours of substance abuse training

3 hours of trauma informed training